

## Nursery School closure activity ideas to try at home – Week 1

Our new topic this term is 'On the Move' which will focus on journeys and transport.

### Personal, Social and Emotional Development

There is so much that can be done in the home and to encourage effective PSED.

Here are just a few ideas that can be incorporated into your typical day this week:

- Play games; take turns and play by the rules.
- Share things; share out snacks or toys or bricks and encourage little ones to do so as well.
- Help set the table at meal times. Talk about their likes and dislikes.

### Communication and Language

Throughout the week Miss Brennan will read **record and upload on ClassDojo some texts that link to our current topic.**

Talk about the characters and what happens at the beginning, middle and end of the book. Continue to share other stories together.

Play '*I went to the shops and I bought....*' take turns with other family members to add another item on the shopping list. Repeat " I went to the shops and I bought an apple, a banana, a tin of beans etc, remembering the additional item. You'll be surprised how many items your little ones can remember.

Ask your child to teach you some of their favourite action rhymes sung at Nursery.

For example:

Wind the bobbin up.

Heads and shoulders

One little finger

Tommy thumb

### Physical Development

#### Gross motor

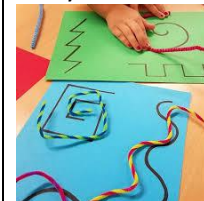
#### **Obstacle Course**

Create your own mini obstacle course either indoors or in the garden. Encourage your child to run, jump, hop, crawl, climb, skip, weave, tip-toe etc.

#### Fine motor

Have a go at drawing a picture or pattern. With support, cut it up into different shaped pieces to make your very own jigsaw. How quickly can it be put back together? (you decide on the amount of pieces!)

Why not have a go at this finger gym activity.

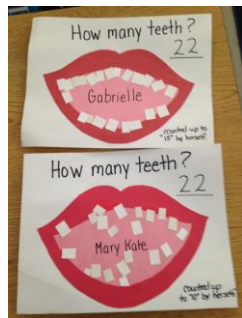


## Maths

Count, count and count some more!  
Counting household objects is so beneficial to children in nursery. They need to understand that numbers represent quantity and that when you add more or take some away, the number and the quantity changes. Count the socks going into the washing machine, the spoons going on the table, the steps to climb the stairs etc.

Children also need to know that not only objects, but actions can also be counted e.g. 5 claps, 3 jumps. An easy game to play is to roll a dice, get your child to count the spots, then do that many claps or jumps. Take turns and change the action next time you play.

<https://www.bbc.co.uk/cbeebies/games>  
number blocks and games on cbeebies is also a great resource for number recognition.



This activity is easy to set up and could be adapted using numbers up to 10

## Creative

Sing songs and make up your own dances to music.

Encourage the children to use their imagination by playing **'What's in the box?'**

Pretend to take out an imaginary item from the imaginary box! Act out what you would use it for e.g – Toothbrush – pretend to brush teeth, toothpaste – pretend to unscrew the lid and pretend to squeeze onto the toothbrush, No words just actions!

## Knowledge and Understanding of the World

Explain that this term in nursery the children will be learning about different types of transport. Go on a walk around your local area and look out for different vehicles. Could you or your child pictures of a variety of vehicles to discuss when you get home?

Here's some suggestions of conversation starters with your child?

Does it carry passengers?

Does it have wheels?

How many wheels?

Does it travel on land/ sky or sea?

Once your back home, could your child draw a picture of their favourite vehicle? If you have construction sets at home like building blocks/ mobilo/ duplo, could you make a vehicle?