

Nursery School closure activity ideas to try at home – Week 5 (4.5.20)

Personal, Social and Emotional Development

Continue to:

- Play games; take turns and play by the rules.
- Help set the table at meal times – a great way to count out and encourage number skills.
- Tidy up and put toys/clothes away – this is a great opportunity to reinforce positional language introduced last week (in front, behind, next to, on top, inside)

Encourage children to dress/undress independently.
Fastenings can be tricky for little fingers but remember practise makes perfect!

Mindful Walk Adult Guidance

During this pandemic, children may be feeling a range of uncomfortable emotions, including anxiety, worry or anger. It is important that children know that it is OK to feel these emotions and that adults are also feeling them. However, children need strategies to help them deal with these uncomfortable emotions.

One strategy to help children feel calmer, is to use mindfulness. A great way to do this is by encouraging them to go on a mindful walk. During the walk, children are given the opportunity to be quiet and calm as they look at and appreciate the nature all around them.

How to use the mindfulness walk signs:

- Place the signs around the garden or take them with you on a walk.
- Remind your child/children that you are going to be quiet on your walk and that they should use their senses to listen to, look at and smell things.

Communication, Language and Literacy

Continue to have fun and share story books together to help your child with early reading skills.

Ask questions about the stories you read together.

What was the story about? Who was in the story (which characters) Why did that happen? What do you think will happen next? What was the favourite part of the story? Why?

Try asking some of these questions. You'll be surprised at some of the answers!

If you could have super powers, what would they be?

If you could be invisible for a day, what would you do?

What is the worst smell in the world?

If your pet could talk, what would it say?

If you could, what type of animal would you be?

Who is your best friend?

What's your favourite song?

What is your favourite thing to do with family?

If you could live in a house shaped like anything, what would it be?

What makes you happy when you're sad?

Physical Development

Gross motor –on line resources

PE with Joe on youtube 9.am weekdays.

Jump Start Jonny

Physical activities for kids – Get active at

home.https://www.youtube.com/watch?v=3_olssULEk0

A cosmic kids yoga adventure – Frozen theme

<https://www.youtube.com/watch?v=xlg052EKMtk>

When you have the opportunity to be outdoors continue to encourage running, jumping, hopping, skipping.

Ride a bike/play on scooters.

Practice throwing, catching and kicking a ball.

Continue to practise the development of fine motor skills by;

- Practice using a knife and fork
- Cutting with scissors
- Drawing/painting
- Playing with playdough, squeezing, patting, rolling, twisting, cutting, pinching
- Folding paper, tearing
- Playing with construction toys if available or try making your own.



What yellow things can you see?



A butterfly? A flower? A toy?

Listen for 10 seconds.

What can you hear?



Someone talking?
A dog barking? Traffic?

Can you find a flower?
What does it smell like?



Strong? Perfumed? Fresh? Sweet?

Phonics – Phase 1

Alliteration Home Learning Challenge

Zoe
the Zookeeper wanted
to name some of her animals.
She wants the names to start with
the same letter sound as the animal.
So far she has thought of Charlie
Chimp and Tommy Tiger. Can you
help her think of some names for
her Lion, Snake and
Panda?



Charlotte the Chef
is making some silly
sound soups! Each soup needs
3 ingredients that start with the
same letter sound. She has
already made the 't' sound soup
with toffees, tomatoes and
toast! Can you think of 3
foods to put in the 'e'
sound soup?

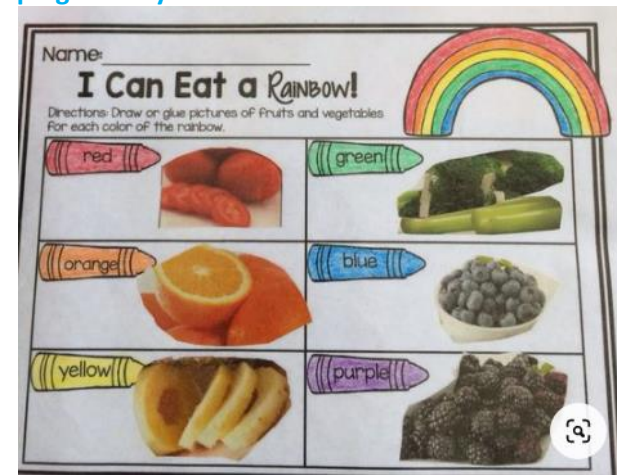


Go
on a letter sound
hunt! Look around at
home or in an outside area
and find things beginning with
the same letter sound. Can you
find 3 things beginning with
't'? What other letters
can you choose?

- Jigsaw puzzles
- Painting with cotton buds
- Threading (pasta tubes , buttons)
- Help hang out the washing – pegs are great for strengthening the finger muscles.



Rights Respecting Schools Article 24 Keeping healthy



Can you eat the colours of the rainbow?
Can the children talk about their favourite colour foods?
Sort into fruit/vegetables?

Maths

Continue to count as much as possible to 10

(then challenge to 20)

Count the stairs, number of knives and forks to set the table, number of buses/ cars they see on a walk etc.

Play board games, dominoes, pairs games etc.

The activity below is great for getting the children active as well as practising counting

Make a set of number cards 1- 9 and help create a set of exercise cards – you can make up your own set of exercises. Below are just a few examples.

Shuffle cards and place both sets face down. Pick up a number card and exercise card. Carry out the exercise written/drawn on the card the same number of times as the number card selected.



Creative

Creative play is a great way for children to express themselves and develop their imaginations.

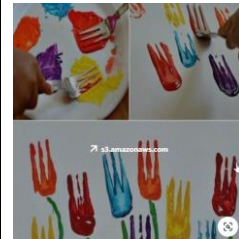
Try some of the activities below:



Printing flowers with celery stalks.



Finger print flowers



Fork printing flowers.

Learn song – Can you plant a bean (You tube)
Link at the bottom of this sheet.

Knowledge and Understanding of the World

Watch the story on you tube – Jasper's Beanstalk
https://www.youtube.com/watch?v=SRE88_fu0rs

Jasper's Beanstalk Home Learning Challenge

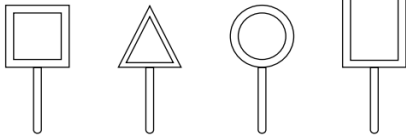


Jasper's Beanstalk Wordmat



Making Shapes

- Can you find things to draw around that are circles, triangles etc? You might find a cup, a plate, a saucer, etc. There will be all kind of sizes; larger, smaller and wider. If you cannot find the other shapes try and draw them and cut them out of paper or card.
- Can you make shapes with stickers, straws and dough? Imagine making an outline of a huge triangle with string, wood, tinsel or even bricks.
- Regular shapes have sides that are equal and irregular shapes do not. There will be lots of things around you that are irregular shapes (the clouds are irregular shapes).
- Children like printing with shapes. Can you find things that you do not mind getting paint on them? It could be bricks or cups, plastic toys, lids, etc? Put some paint on a tray and dip them into it and then transfer onto a piece of paper. You could make a house, a castle, a boat, etc.
- Try making sequencing patterns with shapes. This could be cut out shapes, printed shapes or play dough shapes. It could be a circle, square, circle, square, circle etc. It could be a red triangle, blue triangle, red triangle, blue triangle, etc.
- Make your own shape viewer.
Stick the cut out shape on a lolly stick and go searching!



Explore seeds from the fruits and vegetables you have in the home.

Can you plant a bean – You tube link - <https://www.youtube.com/watch?v=LCKEdDEr82k&list=PLp6i5A4ySZ7imt1NV2IsYBSJOQNfixDA6&index=3>