



Lots of things to choose from to stay fit!

Joe Wicks Cosmic Kids Yoga BBC Supermovers

Jumpstart Jonny https://www.jumpstartjonny.co.uk/home

https://www.youthsporttrust.org/60second-physical-activity-challenges

Try to mix it up each day so it keeps your workout fresh!

Challenge 8

Now you know about the parts of a plant. It is time to find out about the life cycle. Search "life cycle of a plant KS1" to ensure the content is age appropriate and not too complex for Year 2. Twinkl has a great PowerPoint for this.

*Challenge – can you find out about the life cycle of different plants? Maybe even ones that are blue in colour? Challenge 9

Create a piece of artwork using the colour blue as a stimulus. It can be anything from a painting to a collage.







be positive! never give up! dream big! smile: follow follow heavet! moment