

Simonside Primary School Lunch Menu

week one

4 September 17 • 25 September 17
16 October 17 • 13 November 17
4 December 17 • 8 January 18
29 January 18 • 26 February 18
19 March 18 • 23 April 18
14 May 18 • 11 June 18
2 July 18

Monday

Cheese and Potato Pattie
Seasoned Wedges • Garden Peas
Beef Burger or Vegetarian Burger
in Seeded Bun
Seasoned Wedges
Whole Wheat Spaghetti Hoops
Baked Bean Filled Jacket Potato
Raspberry Ripple Mousse

Tuesday

Minced Beef Pie
or Vegetarian Mince Pie
Creamed Potato
Root Vegetable Mash
Homemade Tomato Soup
Wholemeal Cheesy Crouton
Ham Salad Baguette
Fresh Fruit Salad • Yoghurt
Fresh Fruit • Cheese and Biscuits

Wednesday

Chicken Korma
or Vegetarian Korma
Naan Bread or Steamed Rice
Fish Goujons
Baby Jacket Potatoes • Baked Beans
Tuna Mayo Filled Jacket Potato
Chocolate Brownie • Custard

Thursday

Roast Gammon with Pease Pudding
Roast Potatoes
Broccoli
Thin and Crispy Cheese Pizza
Roast Potatoes • Sweetcorn
Turkey Sandwich
Shortbread Biscuit

Friday

Battered Fish
Chips • Mushy Peas
Southern Style Quorn Wrap
Sweet Potato Fries
Crunchy Coleslaw
Cheese Savoury Filled Jacket Potato
Fruity Flapjack • Custard

Available daily: Salad bar, selection of fresh bread and rolls. Alternative Desserts: Selection of fresh fruit, fruit salad, yoghurt and cheese and biscuits.
Choice of Drinks: Fruit juice drink, reduced fat milk, flavoured milk, chilled drinking water. Menu is subject to availability and the requirements of individual schools.

week two

11 September 17 • 2 October 17
30 October 17 • 20 November 17
11 December 17 • 15 January 18
5 February 18 • 5 March 18
26 March 18 • 30 April 18
21 May 18 • 18 June 18
9 July 18

Monday

BBQ Chicken Burger or Quorn Burger
in Sesame Seed Bun
Sweet Potato Fries
Garden Peas
Macaroni Cheese
Garlic and Herb Bread • Cauliflower
Tuna Mayo Sandwich
Melting Moment Biscuit

Tuesday

Turkey Pie or Vegetarian Pie
Creamed Potatoes • Green Cabbage
Quorn Sausage or Pork Sausage
Creamed Potatoes • Swede
Baked Bean Filled Jacket Potato
Victoria Jam Sponge

Wednesday

Spaghetti Bolognese
or Vegetarian Bolognese
Garlic Bread
Fish Fingers with Lemon Mayo
Chips • Garden Peas
Chicken Sandwich
Fresh Fruit Salad • Yoghurt
Fresh Fruit • Cheese and Biscuits

Thursday

Roast Pork with Yorkshire Pudding
or Roast Quorn
Oven Roast Potatoes • Swede
Vegetarian Korma or Chicken Korma
Steamed Rice or Naan Bread
Ham and Pease Pudding Stottie
Chocolate Coconut Slice

Friday

Fishcake with Parsley Mayo
Seasoned Potato Wedges
Broccoli
Quorn Meatballs with Garlic Mayo
in Pitta Bread
Savoury Vegetable Rice
Cheese and Grated Carrot Filled
Jacket Potato
Apple Crumble Muffin

Available daily: Salad bar, selection of fresh bread and rolls. Alternative Desserts: Selection of fresh fruit, fruit salad, yoghurt and cheese and biscuits.
Choice of Drinks: Fruit juice drink, reduced fat milk, flavoured milk, chilled drinking water. Menu is subject to availability and the requirements of individual schools.

week three

18 September 17 • 9 October 17
6 November 17 • 27 November 17
18 December 17 • 22 January 18
19 February 18 • 12 March 18
16 April 18 • 7 May 18
4 June 18 • 25 June 18
16 July 18

Monday

Classic Hotdog or Quorn Frankfurter
with Tomato Ketchup
Oven Roast Potatoes • Sweetcorn
Lasagne
Garlic Bread
Tuna and Sweetcorn Filled
Jacket Potato
Frozen Fruit Yoghurt

Tuesday

Pork Tenderloin or Quorn Fillet
with Apple Sauce and Herb Stuffing
Creamed Potatoes • Carrots
Chicken Nuggets with Tomato
Ketchup
Bombay Potatoes • Peas and Sweetcorn
Cheese Savoury Sandwich
Creamy Rice Pudding
Peach Slices

Wednesday

Cheese and Potato Pie
Oven Roast Potatoes • Baked Beans
BBQ Meatball Sub
Oven Roast Potatoes • Broccoli
Chicken Mayo Filled Jacket Potato
Fresh Fruit Salad • Yoghurt
Fresh Fruit • Cheese and Biscuits

Thursday

Savoury Minced Beef with Dumplings
Creamed Potatoes • Baked Beans
Chinese Style Vegetarian Curry
Egg Noodles
Turkey Salad Sandwich
Carrot Cupcake

Friday

Thin and Crispy Pizza Margherita
Seasoned Potato Wedges
Sweetcorn
Salmon Fish Finger or Fish Finger
Sandwich with Tomato Relish
Chips • Mushy Peas
Baked Bean Filled Jacket Potato
Sticky Toffee Pudding
Ice Cream

Available daily: Salad bar, selection of fresh bread and rolls. Alternative Desserts: Selection of fresh fruit, fruit salad, yoghurt and cheese and biscuits.
Choice of Drinks: Fruit juice drink, reduced fat milk, flavoured milk, chilled drinking water. Menu is subject to availability and the requirements of individual schools.

September 2017 - July 2018



Red Tractor Assurance

Newcastle City Council